



My Identity

Instructions

What to do

Step 1:

Think about what makes you, you. You might like to consider about things like: you name, ethnicity, nationality, religious beliefs, gender, family relationship, opinions, skills and talents, personality traits, interests and hobbies etc. Use **Worksheet 1** to record all your ideas, this could be done in words or pictures

Step 2:

Use **Worksheet 2** to create a coat of arms that reflects your sense of identity.

Here's an example

- Blue reflects my calm personality.
- The dove symbolises my belief that we should work towards peace.
- The thistle shows my Scottish heritage. It is the national flower of Scotland.
- The motto reflects my values.
- The atom shows my scientific curiosity and the musical notes my love of singing.





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Worksheet 1

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My Identity

Worksheet 2

