Religious Education



Cu2.2 How do Sikhs symbolise their commitment?

Sikhi

Prior Learning: Lower Key Stage Two

The beliefs and practices of modern-day Sikhs.

Their origins in the teaching of Sikh leaders such as Guru Nanak and Guru Gobind Singh.

The Gurus' new insights into the meaning of life.

The ways those insights were taught or passed on to others.

The Guru Granth Sahib.

How this will help me?

I understand and articulate what values are.

I can identify and explain how Sikhs demonstrate values through daily religious observance – this might include going to the Gurdwara to hear the Guru Granth Sahib or by praying.

I can summarise Sikh beliefs about symbols of identity and what they represent. I can recall at least two of the 5K's.

I can articulate how Sikh teachings influence Sikh practise and some Sikhs chose to belong to the Khalsa.

I know that the Sikh symbol or faith is called the Khanda.

I can articulate what commitment means.

I can say Sikhs show commitment by a ceremonial ritual known as Taking Amrit and Amrit is an initiation into their faith.

I know and can say Sikhs show commitment by wearing some of the 5Ks.

I can articulate that the 5Ks are a daily reminder to Sikhs of their commitment.

I can articulate that Sikhs put faith into action by service (Sewa). I can recall at least one form of Sewa physical sewa, Mental sewa or material sewa.

Key Texts

The Guru Granth Sahib

Transferable question

How do people express and symbolise their beliefs?

Significant People

Guru Nanak
Guru Gobind Singh

Vocabulary

Guru Gobind Singh, Guru Granth Sahib, Khalsa, Amrit, Baptism, Sewa, Langar, The 5Ks (kesh, kangha, kara kachera, kirpan).

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Key Facts and Knowledge

Explore values and decide which are important.

How Sikhs demonstrate values through daily religious observance.

Sikh beliefs about symbols of identity.

Sikh teachings and how these influence practice.

Sikh initiation and commitment to service to others. What we can learn from Sikh faith and action.

Notes:



Memory Recall questions:

- 1)What values are important?
- 2)How do Sikhs show commitment to their faith through religious practice?
- 3) What symbols are important to Sikhs?
- 4)How do Sikhs show commitment to their faith through rites of passage?
- 5) How do Sikhs put their faith into action?