



Hunslet Moor Primary School
Headteacher: Miss H Darley
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Friday 25th April 2025

Our Relationship and Health Education Programme in Key Stage One

Dear Parent/ Carer,

We write to you further to our letter dated 17th January and the parent meeting, which was held on 7th February 2025.

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics, such as relationships, including friendships and family relationships, physical and emotional health and living in the wider world. The aim of the PSHE lessons are to help our pupils make safe and informed decisions during their school years and beyond. We use the PSHE scheme Jigsaw to deliver this curriculum.

Relationships and Health Education is an important part of the PSHE curriculum. We will be teaching lessons in **Year One** in the Summer term which will include key learning such as:

- Pupils learn that animals including humans have a life cycle
- Pupils learn that people grow up at different rates and that is normal
- Pupils learn that everyone's family is different
- Pupils learn how to make a friend
- Pupils learn about the different people in the school community and how they help

This content is statutory within the PSHE curriculum as part of the Relationships and Health Education guidance (DfE 2020).

Some of this work will also link to the Science curriculum:

Year 1 Science statutory objective

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

Relationships and Health Education is an important part of the PSHE curriculum. We will be teaching lessons in **Year Two** in the Summer term which will include key learning such as:

- Pupils learn that ageing is a natural process, including old age
- Pupils learn about the biological differences between male and female animals and humans and are able to label the human body
- Pupils learn about growing from young to old and understand some ways they have changed since they were babies
- Pupils learn how to maintain friendships and can solve conflicts accordingly
- Pupils learn about different types of family and how their home-life is special

The designated Child Protection Officers of the school are Mrs K Dellow, Miss H Darley, Miss L Bolger, Mrs L Hemingway, Mrs F May and Mrs D Graham





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Year 2 Science statutory objective

- Understand that animals, including humans, have offspring which grow into adults

During these lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. Many parents and parent-related organisations support good quality Relationship and Health Education in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about content before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting your child's class teacher. All materials used are available for you to browse through should you so wish.

Many thanks,

Miss Bates
Assistant Headteacher
PSHE Leader

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