



May Half Term Edition

Kids Activity

•••• Pack ••••

Packed full of family
friendly fun activities
and challenges for
everyone!



Trans Pennine Trail

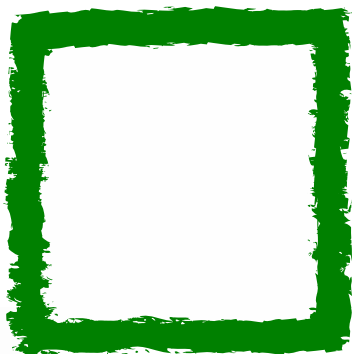
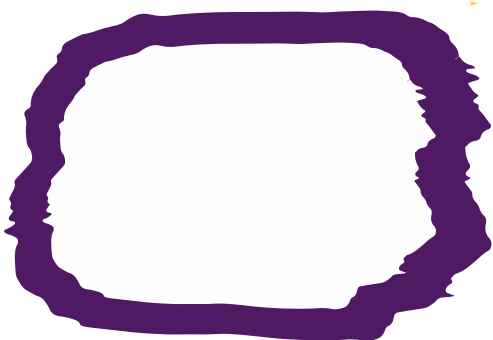
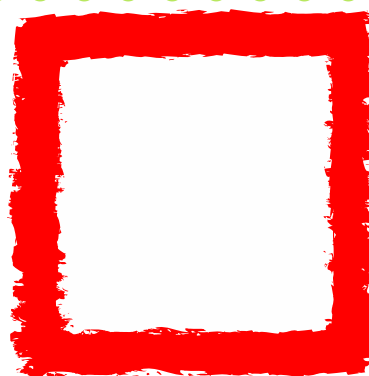


Let's go on a...

Rainbow Scavenger Hunt

Take a walk in nature with Mandy Mole and find something to match each colour

Write, draw or place it in the right box
(or on a separate piece of paper)



Why not take a picture and
send it to me at
info@transpenninetrail.org.uk.

Trans Pennine Trail



Get creative and make a...

Journey Stick

Help Hannah the Horse make a journey stick for your next walk in nature

Journey sticks are a really fun nature craft that you can do on your next walk. They're really easy and fun to create!



You will need:

- A stick
- child safe scissors
- string or double side sticky tape

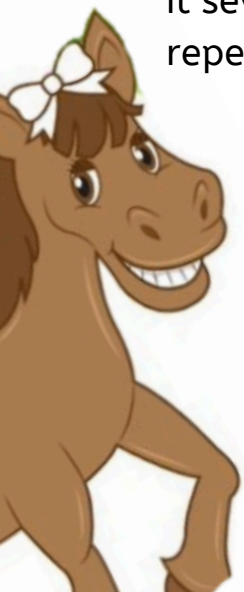
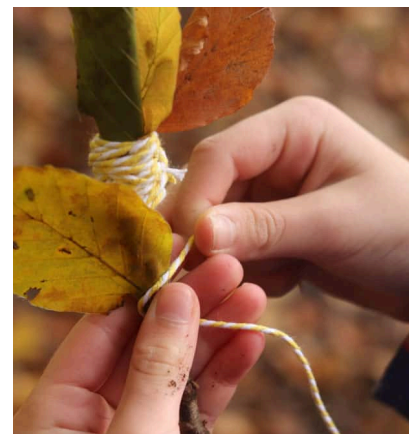


1 Choose a stick. You need one that is about 20-30 cm long with no side branches. Look for one that isn't too wet.

2 Cut a piece of string and tie it to the top of your stick.

3 Take your journey stick on your walk. As you walk look for fallen leaves, flowers and feathers to attach to your stick.

4 To attach with string, place the leaf or similar against the stick and then wrap the string around it several times. Then tie a knot in the string and repeat the process with the next item.



For younger children you might want to use double sided sticky tape instead of string.



Let's make a...

Mug Cake

Get cooking and help Ford the Fox make a delicious mug cake to eat!

You will need:

- 150g butter, softened
- ¼ cup all-purpose flour
- 2 tbsp sugar
- ¼ tsp baking powder
- ¼ cup milk
- 2 tbsp melted butter (or vegetable oil)
- ¼ tsp vanilla extract
- 1 tbsp chocolate chips (optional)

And use of:

- a microwave safe mug
- a whisk or fork
- a microwave



- 1 Mix the dry ingredients** – In a microwave-safe mug, whisk together flour, sugar, and baking powder.
- 2 Add the wet ingredients** – Pour in milk, melted butter, and vanilla extract. Stir until smooth.
- 3 Add mix-ins** – Stir in chocolate chips or any other toppings.
- 4 Microwave** – Heat on high for 60-90 seconds until the cake is fluffy and cooked through.
- 5 Let it cool**, then enjoy!



Why not mix things up by adding 1 tbsp of cocoa powder to the mix for a chocolate cake or adding 1 tsp sprinkles for a fun, Birthday cake.



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Let's make a...

Bird Feeder

Can you help Sophie Squirrel make this simple egg box bird feeder?

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You will need:

- An egg carton
- Wool or string
- Bird seed
- Scissors
- Coloured Pens



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- 1 Cut off the lid of the egg box so you are left with the bottom tray where the eggs sit.
 - 2 Decorate your egg box using colouring pens. This is where you can be as creative as you like.
 - 3 If your egg box doesn't already have holes in the top, you might want to get the help of an adult to make the holes in the box for you.
 - 4 You now need to add the string or wool to your egg box so you can hang it outside. Take a piece of string, tie a knot in one end to stop it slipping through the hole, and feed the unknotted end through the first hole from underneath the box. Feed it back through the second hole from the top and tie a knot in the end, so it doesn't slip back through the second hole.
 - 5 Turn your bird feeder back up the correct way and you can now fill it with seed and hang it outside.

We would love to see your creations, ask a grown up to take a photo and send it to me at info@transpenninetrail.org.uk



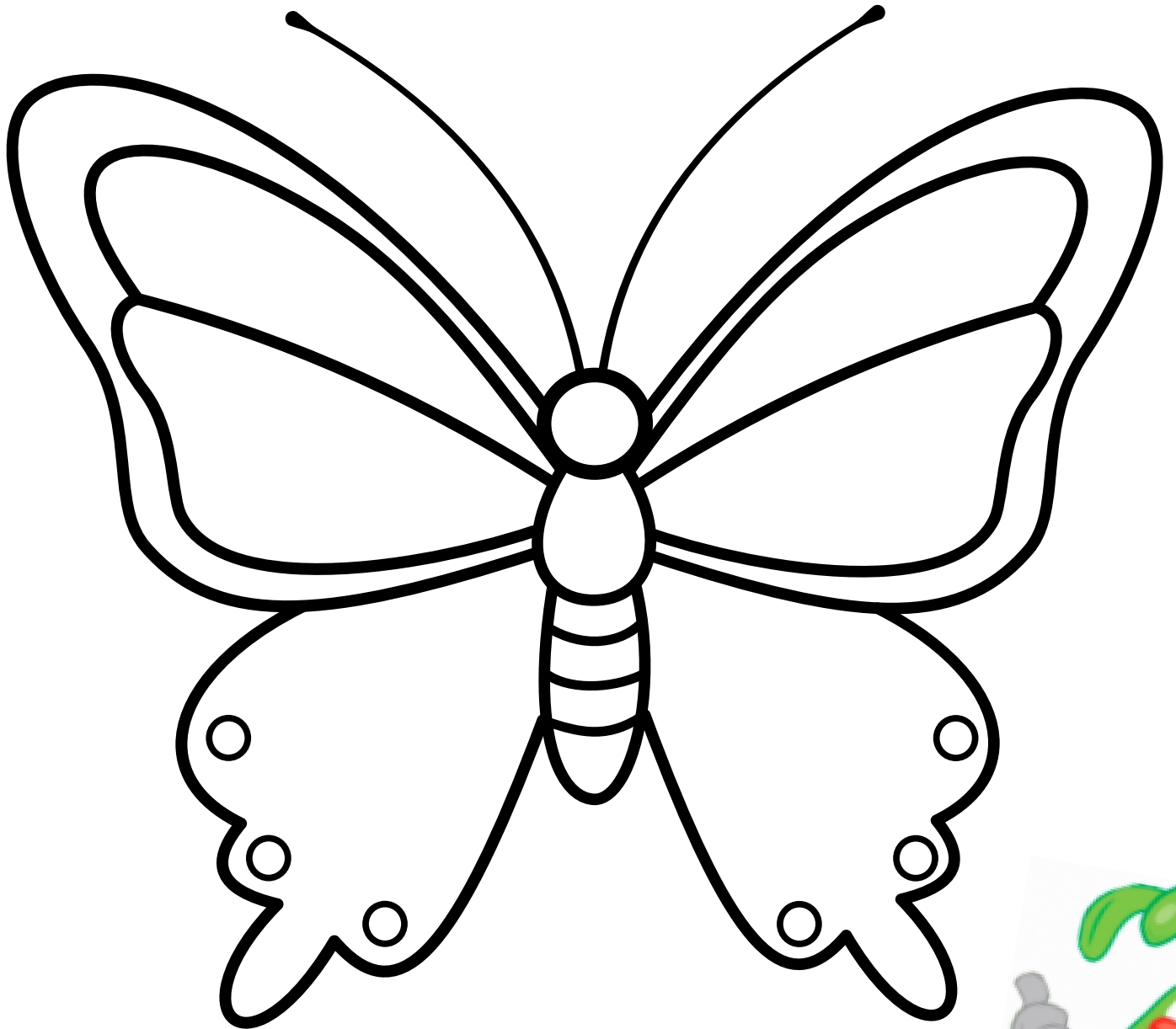
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Let's get creative with some...

Colouring In

Have you seen butterflies out on the Trail?

One day Connor the Caterpillar will become a beautiful Butterfly.
Help him see how he might look by colouring in the picture.



Life stages of a butterfly

Egg: The butterfly starts as a tiny egg, often laid on a leaf or plant stem.

Caterpillar: The egg hatches into a caterpillar, which eats and grows by eating leaves.

Chrysalis: The caterpillar spins a chrysalis, a protective shell where it transforms into a butterfly.

Butterfly: The butterfly emerges from the chrysalis, unfolds its wings, and is ready to fly.



Trans Pennine Trail



Can you solve the...

Word Search

Can you help Rebecca Rabbit find all the words in the word search?

Look at the puzzle and cross off all the words as you find them!

O O U T D O O R S E B N
A H E A G U N T W U B A
O E B C D A K W T Y V M
H U H G K V R T A F I R
C N R J I C E D U Y J S
A A V K P R I N E J U C
B T K Y F L D S T N G V
I U F L O W E R S U N V
R R I H T E N H F A R A
D E V K R P I C N I C E
S G V T P N U G F L J E
B S W R E T S D H B U M

**ADVENTURE
BIRDS
BUTTERFLIES
FLOWERS**

**FUN
GARDEN
HOLIDAY
NATURE**

**OUTDOORS
PICNIC
SUNSHINE
TREES**



Read all about Mandy Mole's...

Trans Pennine Trail Adventure

Chapter Three: Into the Peaks

As the River Mersey glistened behind them, Mandy Mole, Sophie Squirrel & Connor the Caterpillar continued their journey along the Trans Pennine Trail, leaving Halton and heading east.

As they travelled through Trafford, the countryside gave way to streets, buildings, and busy parks. The Trail felt different here—noisy and full of life, with the sounds of traffic and people walking their dogs or riding bikes.

“It’s a lot busier than the woodlands,” said Sophie Squirrel, looking around. “But look,” said Mandy Mole, pointing to a patch of wildflowers growing beside the path, “nature still finds its way in!”

Through Manchester, the Trail wove past red-brick buildings and old railway bridges. They even passed murals painted on walls and heard a busker playing cheerful music near a café.

In Stockport, the group crossed over the famous railway viaduct. Cars rushed below them, but high above, the Trail stayed calm and green.

“This part of the Trail is like a secret path through the city,” Connor the Caterpillar said.

Next came Tameside, where parks and canal paths brought a touch of countryside back into view. Slowly, the urban buzz faded, and rolling hills appeared on the horizon.

“Look at that!” gasped Sophie Squirrel as they stepped into the edge of the Peak District National Park. “You’ve made it to Longdendale,” came a cheerful voice. A sleek red-brown fox trotted up from a nearby hedgerow. “I’m Ford the Fox—local explorer and Trail guide.” “We’re searching for treasures along the Trail,” Mandy Mole explained, “and making new friends too!” “Well, you’re in luck,” said Ford the Fox with a grin. “Follow me to my favourite lookout.”

He led them up a winding path to a hilltop with a breathtaking view of the Longdendale reservoirs, nestled like sparkling jewels between the hills.

“This is one of the Trail’s best-kept secrets,” Ford the Fox said proudly.

Mandy Mole, Sophie Squirrel, Connor the Caterpillar, and Ford the Fox sat together in the breeze, gazing at the water and hills. Their journey had taken them through cities, parks, and now into peaceful peaks—and there was still so much more to see.

Help Mandy Mole to answer the questions about her adventure.

- 1 Which towns and cities do Mandy Mole, Sophie Squirrel, and Connor the Caterpillar travel through before reaching Longdendale?
- 2 How is the Trail different in the city areas like Manchester and Stockport compared to the countryside?
- 3 What are some things the friends see or hear while passing through the urban parts of the Trail?
- 4 Who do they meet when they arrive in Longdendale, and what does he offer to show them?
- 5 What special place does Ford the Fox take them to, and why do they think it’s a treasure?

Follow the Mandy Mole on the next stage of her adventure in our next Activity pack in July

Have you enjoyed doing the activities? Let us Know!

We'd love to hear your stories and see your photos! Please send them to us by email or tag us on social media!



Did you Know that we can send you a digital certificate for completing the activities?

Interested? Get in touch!



Please Read:

When sending in pictures of family enjoying the activities, please confirm you are happy for us to use them in our marketing materials (such as on social media, leaflets and press releases)

We love seeing you all out enjoying the Trail!



Did you know the **Trans Pennine Trail** is a special path that stretches 215 miles all the way across the middle of England, from the Irish Sea to the North Sea - coast to coast! But that's not all - if you count all the extra routes called spurs, there are 370 miles to explore! It's a giant adventure route where you can walk, cycle, ride horses, use a wheelchair or even push a buggy!

Along the way, you'll see forests, rivers, old railway paths and maybe even some interesting animals. It's a fun and safe way for families and friends to enjoy being outside and discover nature, whether you're a beginner or an experienced adventurer.

For more information please get in touch with the TPT Team.



To find out more about the Trans Pennine Trail go to:
www.transpenninetrail.org.uk



If you'd like to make a small donation to the Friends of the Trans Pennine Trail, please scan the QR code:



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