



Why should we offer milk to children to drink at school?

Milk is full of nutrients which can help boost your child's concentration and energy, both of which are very important in the classroom. Milk is also a good alternative to water to help maintain levels of hydration. A 189ml portion of semiskimmed milk contains 234mg of calcium and a 189ml portion of whole milk contains 231mg of calcium. Milk is also a great source of vitamin D. Calcium and vitamin D are important nutrients which help keep bones and teeth strong and healthy.

What is a child's RDA (Recommended Daily Allowance of Calcium?

Government guidelines recommend that a child between the ages of 1-3 years receive 700mg of calcium per day, however the RDA for a child aged 4–8 years is 1000mg, and for children aged 9–18 years, the daily recommendation is 1300mg.

Does SMUK cater for children who have an allergy to cow's milk?

School Milk UK can offer soya milk, oat milk or almond milk as alternatives to cows' milk. The price charged may be slightly different to that of cows' milk.

Which children are eligible for free school milk?

Government guidelines entitle every child under the age of 5 to 189ml of free milk each day in school. A child may also be eligible to receive free milk at school if s/he is entitled to free school meals. Milk for children entitled to free school meals is ordered and paid for by your school.

How do I register my school for the School Milk UK scheme?

Thank you for choosing School Milk UK to administer and deliver your school milk. You can register your school in just a few minutes by clicking on the 'Register My School' tab on our website and following the instructions. You will need your school Ofsted number and your class names/numbers to hand when setting up your account. You will also need to choose a password and keep a note of this so you can log in each month to validate your milk.

How can I amend my account details?

If you need to update your class, holidays and inset days or contact details please click on the 'Manage My Account' link on our website and follow the easy instructions to make changes to your information.

What happens if I forget my password?

If you forget your password, simply click on the 'Forgotten Password' link of the log in page and our system will allow you to reset it.

How can I be sure that our parents bank details will be secure?

We take data protection very seriously and our secure website uses the latest encryption standards.

Will any of pupil's or parents' details be passed onto any third parties?

School Milk UK never shares your data with any third parties.

How much will each carton of milk cost?

The price per carton is available on our website prior to check-out. If you are ordering an alternative to cows' milk, the cost may vary slightly.

What is the deadline for parents to order milk for their children for the following week?

To ensure delivery of milk for the full term, we require payment at least 1 full week prior to the start of the term. If a parent forgets to pay in time, they can still make payment at a later date for the remainder of the term, and our system will only charge parents for the remaining school days. Payments must clear by Wednesday in order for a child to receive milk beginning on the following Monday. We are unable to deliver any milk unless payment has been received